

ISFP "SYMPATHIZERS" *'ROSE'

*(excerpted from *Blending Temperaments* book)

AS AN ISFJ You are by in-born preference a SENSING-FEELING person with INTROVERSION; using your PERCEPTION abilities on the world. Your particular blend is unique, being found in only about 6% of the world.

The name for this type is 'free spirit.' You need freedom and don't get too tied to people or work. ISFPs usually want excitement and pleasure, but nothing boisterous. They like experiences, music, color. Warm, alive, sweet, colorful, natural, absolute—all describe ISFPs.

Your type does not like to talk but prefers to communicate through action, offering a flower, a smile, a plate of cookies, or a service. Outdoor activities attract your type.

Spontaneous sensing people are fun to be with because they possess a play-ethic. Play, then work. Physical crises tend to attract ISFPs.

People are important to the ISFP but they prefer a certain detachment. This is the least understood of all types, yet often the most envied. They are fiercely independent and insistent that they live for today—actively enjoying their quiet excitement.

They are very loyal to friends, and can be extravagant with gifts; are friends with their children but then can become very firm. They are very generous with their possessions and can make do with what they have.

An ISFP can go along with rules and regulations obediently for long periods, then a crisis occurs or an attempt is made to box them in and an altogether different personality surfaces. ISFP's are likely to bend rules—natural or man-made. They believe that today is today, yesterday is gone and must give way in the face of more urgent demands.

ISFP's are attracted to jobs where action and freedom reigns—performing arts, construction, heavy machinery, landscaping, hair styling, detective, police, rescue squads, etc. They enjoy pulling businesses out of the red.

Your type is twice as good when working at a suitable job. Accomplishments are measured against an inner standard of perfection instead of what is actually possible. Keeping order may be fun for an ISFP, but being structured is not the way he/she wants to do it.

ISFP's don't mind routine if fun action is involved. Their love of action pushes them to do/complete whatever beckons them. They prefer to begin things and let others finish or maintain. They are process oriented.

ISFP's can be only temporarily defeated. They have ability to survive setbacks which might leave other types permanently devastated.

Impatient and impulsive are key-words which describe ISFPs. No matter how tired, hungry and painful a project may be, it is an adventure, not a commission. ISFPs have endurance beyond that of other types. They can put up with discomfort, deprivation, hunger, fatigue, pain and show courage in a way other types do not. This is because other types are goal-oriented and reluctant to exert themselves unless there is a reason and a quitting time. ISFPs continue working, playing, practicing often beyond reasonable limits for other types.

The individual letters mean...

I •INTROVERSION—simply means you prefer privacy to people. You like a little bit of people and a lot of privacy. It means you think before you speak; make very few verbal errors; say what you mean. Being with people drains you. After extroverting all day you need to recoup before seeing more people. Introversion is an in-born trait to only 25% of the world. Introverts have to battle fast talking, acting, extraverts all through life.

S •SENSING—indicates that you are skillful in picking up common sense facts all around through eye, ear, nose, touch, etc.. You are very observant and can remember what you pick up. In this preference you join 75% of the population. Sensing people are smart to consult intuitive fact finders in solving relationship problems; looking ahead; avoiding difficulties; etc...

F •FEELING—means that after you have gathered your facts and are ready to make a decision, you involve people in your decision. It means that you are sensitive to criticism and need lots of appreciation. You want harmony at almost any cost. You would be happier as a coach than as a boss because you are a softie. Feeling deciding is the bridge from one person to another. Although most women prefer. Feeling decisions, four out of ten men possess that preference also.

P •(Perceptive) SPONTANEOUS—reveals merely how the world sees you—as a facts person. As an introvert, you reserve your strongest or favorite process—Feeling decision—for your inner world for whatever action it is that you like to do. The world would see you as a Spontaneous, flexible person. ISFPs seldom express their deepest feelings, since tenderness and passionate conviction are covered up by their quiet shyness.

ISFP is a wonderful type—your thumbprint on society. Enjoy it!

* In God's flower-garden, an ISFP is a rose—Delicate and colorful, versatile, rambling;
Independent Sympathizers

TIPS ON TEMPERAMENT MANAGEMENT

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Temperament does NOT label or limit a person, but rather frees one to be who they were designed to be. Discovering temperament completely changes some peoples' view of themselves and others, improving their self esteem and giving them a new lease on life. Others who have not struggled with low self worth, having never been put in a box, just appreciate knowing the legitimate differences in people, and make few immediate adjustments.

Temperament does not determine attitudes. Two people sharing the same temperament preferences may exhibit very different dispositions. Temperament can be compared to musical chords in various keys... distinctive in their own right, but enhanced when blended with tones from other keys. The more skilled the musician, the more beautiful the melody.

- Occasionally people will use temperament preferences to excuse inappropriate or tactless behavior such as:
- "Don't fault me for giving you the silent treatment; I'm an Introvert."
 - "I'm late, but it's OK; I'm Spontaneous".
 - "You know how Extraverts are; we can't help but ask personal questions."
 - "I have every right to do this job differently each time because I'm an Intuitive."
 - "I've always done it this way and that's the way Sensing people are."

Temperament is a wonderful tool, but is not to be used as a hammer to beat someone over the head. Some people dislike being analyzed, categorized or discussed. Respect their privacy.

You are more than just an ISFP. You are like a house with many rooms, acting and responding a little differently depending on which room you're in, with whom and under what circumstances.

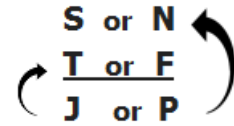
Every normal person is a blend of reserved/cautious Introversion; outgoing/confident Extraversion; fact & figures/hands-on Sensing; ideas & possibility iNtuitive; organized/closure Structure (J); open ended/crises sPontaneous (P). Temperament merely identifies our most natural or favorite way of acting or responding to people and situations

Everyone Extraverts their last letter: 'J' or 'P'. 'J' reflects the decision making preference—Thinking or Feeling; 'P' reflects information gathering preference—Sensing or iNtuition.

Introverts' last letter *happens* to be their second favorite preference, but because it is used on the world, it becomes their best developed function.

 Extracted from *Self-Esteem—Gift From God*, (Smyth & Helwys).
 Other related titles: *Coaching Kids—Practical Tips for Effective Communication* by Jim and Ruth Ward (Smyth & Helwys);

This final column explains the order which individuals access their four preferences. Although the information is beneficial, not everyone desires to digest it fully. Hopefully, a quick reading will reveal understanding for behavior. Don't miss the last paragraph's thumb-nail for your temperament.



Introverts prefer to reserve use of their first and favorite preference for private use. Since Introverts are forced to use their second preference through Extraversion, they develop both the first and second functions.

Extraverts' last letter is their first and favorite preference which they easily Extravert on the world. However, since Extraverts prefer to use their favorite preference on the world, they often neglect developing their second preference.

Opposite our first preference is our fourth (least) preference.

Opposite our second preference is our third preference..

Purposely using less preferred preferences encourages healthy balance and enables better handling of different situations more wisely—produces a clearer and more beautiful melody. We can get "visas" anytime to enter the camps of our less preferred functions. Even though we will feel strange or awkward as we consult the third and fourth functions—our shadow side camps—we'll benefit from the practice and use of those helpers.

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| I | | |
| <u>S</u> 2 | N | 3 |
| F 1 | T | 4 |
| J | P | |

THUMB-NAIL:

As an ISFP, you extravert your second preference (Sensing) which causes the world to see you as an open ended facts and figures person. You particularly enjoy making Feeling decisions – your first and favorite – which affect you personally, rather than giving orders to others. iNtuition (3rd) and Thinking logic (4th) will be your most difficult preferences to consult.

Blending Temperaments—Improving Relationships,
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