# **INTJ** "EXPERT-STRATEGISTS" \*'IRIS'

\*(excerpted from *Blending Temperaments* book)

INTJ are most self-confident of all the types, having self power awareness. INTJs make up only 1% of the population. Female INTJs fall into under 1 %. INTJs can concentrate on possibilities and make situation-based logical decisions with little regard for skeptics. INTJs deplore wasting time, energy, money, ability, or supplies. They must always improve over yesterday 's accomplishments, being in competition with themselves. Therefore, many INTJs are perfectionists as well as workaholics. They despise routine and fear boredom.

INTJs can juggle several unrelated goals at a time. Theory is their middle name, and brainstorming is their hobby. INTJs can sum up given facts and possibilities brilliantly and completely on the spot, given a few seconds to think it through—because of their introversion.

The world of computers offers the kind of entertainment and challenge INTJs enjoy. They're likely to kiss their computer goodnight rather than their spouse.

Because INTJs' minds are always swirling with abstract ideas and deadlines, they often present an unemotional, cold, uncaring, sober, and all-business attitude, even toward family and friends. INTJs can be very single-minded at times which is most often a strength but at other times a weakness. An INTJ's focus on ideas often results in neglect of people.

INTJs take goals of an institution seriously and continually strive to respond to these goals. INTJs are loyal to the system rather than toward individuals within the system. While in high school, INTJs meet few people who are like themselves, so may have a tendency to feel isolated and alone. The college scene changes those feelings because of the strong concentration of intuitives.

The INTJ female is likely to have a tough time finding a mate who is not intimidated by her reasoning intelligence. INTJs think by sub-topics assuming listeners/students know the insignificant details.

# THE INDIVIDUAL LETTERS MEAN...

I ◆INTROVERSION—means you prefer privacy to people. You think before you speak and say what you mean. Being with people for long periods exhausts you. After a day of extroverting, you need time to recoup before beginning again.

N •INTUITIVE— indicates your choice in the way of gathering information—through ideas and possibilities. You are challenged by theoretical and technical developments. Needing to improve over yesterday's accomplishment is a must for intuitives.

T •THINKING—indicates that you make decisions based on systematic logic more quickly than on feeling or emotions. Your decisions stick. Others may accuse you of being coldhearted and uncaring—perhaps selfish, because you make impersonal, calculated decisions. But you are not cold, just unexpressive.

**J**•(Judging) STRUCTURED— indicates that the world sees you as an organized person able to complete tasks. This is your second favorite process since you are an introvert who saves the dominant process—collecting data for private use. You believe work must be finished before play time. In fact, your work may become your play, also

.INTJ s are a unique gift to the world, giving concentrated, well thought-through concepts and know-how in high technology and management. Few people can even conceive the depths of your brilliance and ability. We stand in awe. Enjoy God's special gifting

\*In God's flower-garden, an INTJ is an iris stately, unusual, brilliant, private, sturdy; roots has many uses; Expert Strategists

## TIPS ON TEMPERAMENT MANAGEMENT

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#### INTJ "EXPERT-STRATEGISTS" \*'IRIS'

T emperament does NOT label or limit a person, but rather frees one to be who they were designed to be. Discovering temperament completely changes some peoples' view of themselves and others, improving their self esteem and giving them a new lease on life. Others who have not struggled with low self worth, having never been put in a box, just appreciate knowing the legitimate differences in people, and make few immediate adjustments.

Temperament does not determine attitudes. Two people sharing the same temperament preferences may exhibit very different dispositions. Temperament can be compared to musical chords in various keys... distinctive in their own right, but enhanced when blended with tones from other keys. The more skilled the musician, the more beautiful the melody.

Occasionally people will use temperament preferences to excuse inappropriate or tactless behavior such as:

- •"Don't fault me for giving you the silent treatment; I'm an Introvert."
- •"I'm late, but it's OK; I'm Spontaneous".
- •"You know how Extraverts are; we can't help but ask personal questions."
- •"I have every right to do this job differently each time because I'm an Intuitive."
- •"I've always done it this way and that's the way Sensing people are."

Temperament is a wonderful tool, but is not to be used as a hammer to beat someone over the head. Some people dislike being analyzed, categorized or discussed. Respect their privacy.

You are more than just an INTJ. You are like a house with many rooms, acting and responding a little differently depending on which room you're in, with whom and under what circumstances.

Every normal person is a blend of reserved/cautious Introversion; outgoing/confident Extraversion; fact & figures/hands-on Sensing; ideas & possibility iNtuitive; organized/closure Structure (J); open ended/crises sPontaneous (P). Temperament merely identifies our most natural or favorite way of acting or responding to people and situations

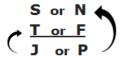
Everyone Extraverts their last letter: 'J' or 'P'. 'J' reflects the decision making preference—Thinking or Feeling; 'P' reflects information gathering preference—Sensing or iNtuition.

Introverts' last letter *happens* to be their second favorite preference, but because it is used on the world, it becomes their best developed function.

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Extracted from Self-Esteem-Gift From God, (Smyth & Helwys). Other related titles: Coaching Kids-Practical Tips for Effective Communication by Jim and Ruth Ward (Smyth & Helwys);

This final column explains the order which individuals access their four preferences. Although the information is beneficial, not everyone desires to digest it fully. Hopefully, a quick reading will reveal understanding for behavior. Don't miss the last paragraph's thumb-nail for your temperament.



Introverts prefer to reserve use of their first and favorite preference for private use. Since Introverts are forced to use their second preference through Extraversion, they develop both the first and second functions.

Extraverts' last letter is their first and favorite preference which they easily Extravert on the world. However, since Extraverts prefer to use their favorite preference on the world, they often neglect developing their second preference.

Opposite our first preference is our fourth (least) preference.

Opposite our second preference is our third preference..

Purposely using less preferred preferences encourages healthy balance and enables better handling of different situations more wisely–produces a clearer and more beautiful melody. We can get "visas" anytime to enter the camps of our less preferred functions. Even though we will feel strange or awkward as we consult the third and fourth functions–our shadow side camps–we'll benefit from the practice and use of those helpers.

## THUMB-NAIL:

As an INTJ, you Extravert your second preference (Thinking decision) on others which causes the world to see you as a manager needing closure. You prefer to be responsible just for yourself using your first preference (iNtuition) for your study, projects, goals. Feeling (3rd) and Sensing (4th) would be the areas you'd need practice to consult.

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