

ENFP "CATALYSTS"

***' CHRYSANTHEMUM'**

*(excerpted from *Blending Temperaments* book)

ENFPs--PEOPLE JUST LIKE yourself occur in only five percent of the population. are full of enthusiastic ideas, though not driven to finishing. If the road to heaven were paved with good intentions, ENFPs would be certain to make it. However, the day has often passed before their ideas get carried out.

The most generous of people with time and possessions, ENFPs often allow their friends to drain them mentally, physically, and financially.

ENFPs have a special problem finding something to hold to since they prefer the intangible and abstract and are also spontaneous.

Although their boredom level is extremely low, they are fun to watch when they do get a hot lead on solving an emergency relationship or emotional problem. They resemble kangaroos hopping from one involvement to the other, always with friends galore watching, following, admiring.

Since the ENFPs do not go to bed by the clock, they are likely to experience poor sleeping and work habits because they enjoy talking all night, not wanting to miss a minute of intriguing badinage.

The promise of exciting dialogue easily lures them away from study, appointments, and certainly away from cleaning house.

Excitement and action are their by-lines. "I massage rules," or "There's always a way around any rule and it's exciting to find that one tiny loophole," probably describes your attitude.

The individual letters mean...

E •EXTRAVERSION—means you prefer people-to-people more than privacy. You speak, then listen; make verbal errors. People energize extraverts. Seventy-five percent of the world are outgoing extraverts; the majority.

N •INTUITION—means that you are an idea person rather than a fact person. You prefer to consider possibilities; can solve problems with people. You gather your information from the unknown; between the lines; from out of nowhere; hunches. You experience spirals of idea spurts; many at a time, possibly. Its hard to decide what you want to do because you want to do everything. Once you have learned something; or tasted an experience you may be ready to move on to another even if the first is not finished or drained. Intuitives love learning, never receive enough, and love discussion.

F •FEELING—decision indicates that when you make decisions you bring people into them. It means you are sensitive to criticism and need appreciation, and approval from others. Fifty percent of the world prefers Feeling decision making. You would need to consult logical thinking on purpose before making a final decision. Feeling deciders are warm. It is the bridge to people. Mostly women have it; however four out of ten men are gifted with feeling decision. You want harmony at any cost; and you'll take the blame unjustly... for a while.

P •(Perception) SPONTANEOUS—measures which process you use on the world - ideas - which is your intuitive fact-gathering gift. This is also your dominant or favorite process. While structured (J) people hold that "work it must be done", Spontaneous (P) people insist "work, it must be fun." Spontaneous people like to live a day; Structured people like to plan a day. Spontaneous people let things slide, then steam it out at the last minute.

ENFP is one of the nicest types to be... popularity plus... enjoy who you are. By the way... you may want to work on self discipline to finish things

TIPS ON TEMPERAMENT MANAGEMENT

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Temperament does NOT label or limit a person, but rather frees one to be who they were designed to be. Discovering temperament completely changes some peoples' view of themselves and others, improving their self esteem and giving them a new lease on life. Others who have not struggled with low self worth, having never been put in a box, just appreciate knowing the legitimate differences in people, and make few immediate adjustments.

Temperament does not determine attitudes. Two people sharing the same temperament preferences may exhibit very different dispositions. Temperament can be compared to musical chords in various keys... distinctive in their own right, but enhanced when blended with tones from other keys. The more skilled the musician, the more beautiful the melody.

Occasionally people will use temperament preferences to excuse inappropriate or tactless behavior such as:

- "Don't fault me for giving you the silent treatment; I'm an Introvert."
- "I'm late, but it's OK; I'm Spontaneous".
- "You know how Extraverts are; we can't help but ask personal questions."
- "I have every right to do this job differently each time because I'm an Intuitive."
- "I've always done it this way and that's the way Sensing people are."

Temperament is a wonderful tool, but is not to be used as a hammer to beat someone over the head. Some people dislike being analyzed, categorized or discussed. Respect their privacy.

You are more than just an ENFP. You are like a house with many rooms, acting and responding a little differently depending on which room you're in, with whom and under what circumstances.

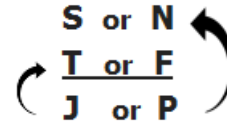
Every normal person is a blend of reserved/cautious Introversion; outgoing/confident Extraversion; fact & figures/hands-on Sensing; ideas & possibility iNtuitive; organized/closure Structure (J); open ended/crises sPontaneous (P). Temperament merely identifies our most natural or favorite way of acting or responding to people and situations

Everyone Extraverts their last letter: 'J' or 'P'. 'J' reflects the decision making preference—Thinking or Feeling; 'P' reflects information gathering preference—Sensing or iNtuition.

Introverts' last letter happens to be their second favorite preference, but because it is used on the world, it becomes their best developed function.

Extracted from *Self-Esteem—Gift From God*, (Smyth & Helwys). Other related titles: *Coaching Kids—Practical Tips for Effective Communication* by Jim and Ruth Ward (Smyth & Helwys);

This final column explains the order which individuals access their four preferences. Although the information is beneficial, not everyone desires to digest it fully. Hopefully, a quick reading will reveal understanding for behavior. Don't miss the last paragraph's thumb-nail for your temperament.



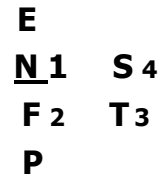
Introverts prefer to reserve use of their first and favorite preference for private use. Since Introverts are forced to use their second preference through Extraversion, they develop both the first and second functions.

Extraverts' last letter is their first and favorite preference which they easily Extravert on the world. However, since Extraverts prefer to use their favorite preference on the world, they often neglect developing their second preference.

Opposite our first preference is our fourth (least) Preference;

Opposite our second preference is our third preference..

Purposely using less preferred preferences encourages healthy balance and enables better handling of different situations more wisely—produces a clearer and more beautiful melody. We can get "visas" anytime to enter the camps of our less preferred functions. Even though we will feel strange or awkward as we consult the third and fourth functions—our shadow side camps—we'll benefit from the practice and use of those helpers.



THUMB-NAIL:

As an ENFP, you extravert your first preference (iN tuition) which causes the world to see you as an idea/possibility person, which you are. Freedom means everything to you, and involvement in many short-term projects is a common trait. When you are forced into it, you'll use your second preference (Feeling decision making) which forces a decision. Your 3rd preference (Thinking) will be helpful to develop as your 4th (Sensing) which will save you lots of steps and forgotten things and give organization to your life.

In God's flower-garden, an ENFP is a chrysanthemum—Hardy, bright ad colorful, versatile, popular, fits in every bouquet; good mixer Catalysts

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